

IPL Permanent Hair Reduction

Testosterone therapy can increase hair growth, including facial hair, in women. Even without testosterone therapy, by the mid thirties, many women begin treating/removing hair on the upper lip, chin and cheeks. Even older women with extremely low testosterone levels can have facial hair.

At the Millennium Wellness Center we offer 'IPL' or 'Intense Pulsed Light' Permanent Hair Reduction. IPL is similar to laser but more comfortable, safer and more effective. IPL hair removal treatments consist of 3-8 treatments about 4 weeks apart. These treatments are very effective at removing dark blond, brown and black hair. Since pigment or color is the target for the IPL, white or light blond hairs are not responsive to this therapy.

Contact the Millennium Wellness Center to set up an appointment.

Ask about our discount pricing for current patients!

Patient Instructions for Intense Pulsed Light (IPL) Hair Removal

Before your IPL treatment...

- Clients should stop waxing, tweezing, using depilatories, or threading 4 weeks prior to first hair removal treatment.
 - The pigmented **root** is the 'target' for the therapy NOT the hair itself.
 - Patients may continue to shave or cut hairs.
- Shave the area to be treated the morning of the laser treatment.
- If a patient has a history of Herpes, please let our staff know. The IPL treatment will not be done if there is an active lesion.
- Do not tan or use self-tanning products as they may cause adverse effects.
- Please remove all jewelry.
- There are no restrictions in normal daily activities following a hair laser treatment.

After your IPL treatment...

- Wash treated area gently with soap and water.
- Avoid immediate exposure to intense sunlight.

- Apply a broad spectrum UVA.UVB sunscreen with an SPF of 30 and zinc oxide or titanium dioxide daily to treated area.
- Although rarely needed, you may take Tylenol per packaging directions as needed for discomfort.
- No shaving over treated area if the area is red and or swollen.
- Skin may appear red or blotchy in the treated area for 24-48 hours after the laser treatment.
- If a blister appears, apply Aloe Vera gel to blistered area until resolved. Keep clothing from rubbing blistered area.
- **If side effects last more than five days, please contact our office.**